



**DUCHESNE HIGH SCHOOL**  
EST. 1924

# PIONEER PARENT NEWSLETTER

OCTOBER · 2023

## JOINING THE FIGHT TO CURE MD



The Pioneers football team joined high school and college football organizations all around the country with their participation in Coach to Cure MD. – PAGE 3

### UPCOMING SCHOOL DATES

**October 9**

Picture Re-Take Day

**October 10**

Blood Drive

**October 12**

Last Day of Quarter 1  
All-School Mass

**October 13**

Career Day

**October 16**

Faculty Inservice

**October 19, 21, 22**

Fall Play

**October 25**

Parent/Teacher Conference

**October 29**

Open House

**October 30**

No School

# From the Assistant Principal of Student Life



## Homecoming 2023 is in the books!

**Debi Turner '96**  
Assistant Principal  
of Student Life

What a wonderful homecoming weekend we had at Duchesne! A big win on Friday night at the football game followed by a great showing at the dance on Saturday. I loved seeing our students get into the themes of Spirit Week too... they had so much fun with it. As the kids would say,

"Duchesne is a total vibe" these days.

I hope we continue to keep this amazing spirit throughout the month. Big congratulations to Ceci Fleri '25 and Brody Keathley '25 for being named the 2023 Homecoming Queen and King.

## Student of the Month: Cole Brockmeyer '24

On September 6, Cole Brockmeyer '25 was chosen by STL Today as one of their "Athletes of the Week."

"It was a great honor to be chosen as STL Today Athlete of the Week," said Brockmeyer. "Having said that, I can't score the goals

without the help of my entire team. This is my 3rd year playing varsity and this is by far the best team I've been a part of since I have been here. I would put our team up against any team in the STL area right now."



# DHS joins the fight to cure muscular dystrophy



On September 22, the Duchesne Pioneers football team, led by Head Coach Vince Morris, joined high school and college football organizations all around the country with their participation in Coach to Cure MD (CTCMD), a program dedicated to raising awareness and support to find a cure for muscular dystrophy.

CTCMD is a project of Parent Project Muscular Dystrophy and works in cooperation with the American Football Coaches Association. The annual event has raised over \$2.1 million dollars over the past ten years to fund research and new treatment initiatives to extend the life expectancy of those diagnosed with MD.

Football coaches nationwide answered this call for help, and Coach Morris was happy that Duchesne could join the cause.

"I have always felt that football is a community sport, and we need to give back in some way," said Morris. "Everything we do in this program is about being a well-rounded, faith-driven man. That is the center focus. Being involved in philanthropic endeavors is the embodiment of that, showing that we are, in fact, educating your young men in mind, body, and spirit, even in our extracurricular activities."

Coaching staff wore special CTCMD patches, and players adorned

themselves in green in support of the event.

Muscular dystrophy is a group of fatal, progressive muscle disorders affecting approximately 250,000 in the United States. It is the most common fatal genetic disorder diagnosed during childhood.

Along with the money raised at the game, fans were encouraged to donate by visiting [www.coachtocuremd.org](http://www.coachtocuremd.org) or texting CURE to 501501.

Duchesne's football program will raise awareness for breast cancer during the October 13 senior night game and celebrate our nation's military during the game on October 20.

# DHS Drama Dept. to perform Oct. 19, 21, and 22

Come and enjoy "The Bold, the Young, and the Murdered"

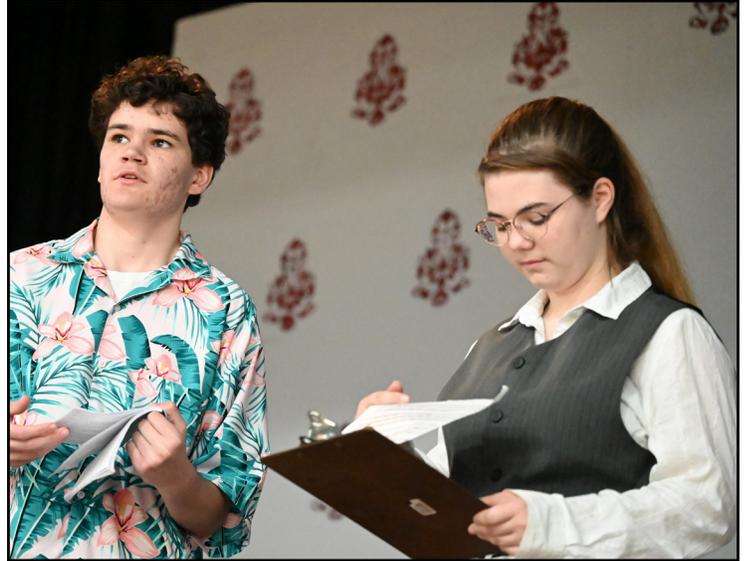
## Mia Ann Young '26

Do you like laughing? Are you intrigued by a compelling mystery? If you answered yes to both of these questions, then the Duchesne Fall play is for you!

This year's play is... "The Bold, the Young, and the Murdered." When the producer of the "The Bold and the Young" finds out about the show's terrible ratings, she tells cast that they must film one episode

overnight or else they will lose their jobs. They are locked in the studio and lose phone reception. Slowly the actors and cast are being murdered one by one. Can the cast find the killer before their final curtain call?

Come see "The Bold, the Young, and the Murdered" in the PAC on Thursday October 19 at 7pm, Saturday October 21 at 7pm, and Sunday October 22 at 4pm!



# Boys Varsity Soccer Coach Reaches 100th Victory



Duchesne alum and Head Soccer Coach Patrick Turner '03 celebrated his 100th win for the boys varsity soccer program. The win came on September 5 with a final score of 3-2 over Orchard Farm.

Turner credits much of the success of his program to

the players and coaches he's worked with over the years.

"We've all worked together to build our program, and everyone takes a lot of pride in that," he said. "It's been special to have Coach [Nick] Spiess '12 with me all these years and now to have our younger assistants on the staff, all who have taken part in playing in most of these 100 wins."

This is the second time Turner has reached this milestone coaching soccer at Duchesne High School. He achieved his first 100 wins in April of 2021 for the girls varsity soccer program in a game with Parkway Central.

"Having accomplished

this feat previously with our girls program, Coach Turner has established himself as one of a handful of coaches in the area to win 100 games with both soccer programs at the same school," said Duchesne Athletic Director Paul Boschert '77.

"Coach Turner is one of the best," said junior forward Cole Brockmeyer. "It's amazing that he has already reached 100 wins with both the Girls and Boys programs. The success of the DHS soccer program over the years is largely because of Coach Turner."

Coach Turner began his coaching career at Duchesne in the fall of 2011, coaching junior varsity soccer, and

then served as assistant varsity coach in the 2012-2013 season. Since 2013, Turner has been a part of five girls soccer state championships, the most recent in 2019.

Turner says he looks forward to the boys team continuing to challenge themselves on the pitch and grow as a group. If they do that, there's no telling how far they'll go. The winning attitude of the players is sure to play a big role there as well.

"Coach respects his players and we respect him," said Brockmeyer. "When that happens, it turns into success on the field."

# DHS students attend World Language Day

It was a celebration of all things language and culture on September 22 as Duchesne students had the opportunity to experience World Language Day at the University of Missouri at St. Louis (UMSL).

The event, hosted by UMSL's World Language and Cultures Department, offered local ACC Language students a day of activities focusing on the three languages most commonly taught in high school: Spanish, French, and German. Students were also exposed to ASL, Mandarin, Tagalog, Korean, and Japanese.

"Today was an important opportunity for our students to see what they can do just by knowing another language," said Theresa Velazquez, Duchesne Spanish teacher. "They also enjoyed socializing with students from other schools and being on a college campus."



"There were a lot of fun activities and games," said Julia Winkler, Duchesne senior. "We got to learn about different cultures and practice our knowledge of the language we're learning. It was a lot of fun, and I got to learn new things."

Students participated in scavenger hunts in their language of study around UMSL's campus, learned Korean Pop (K-Pop) dancing from the UMSL dance group, and watched and voted on their favorite student-created videos.

This is Duchesne's first year attending World Language Day; if you ask the students, it won't be the last.

"The students had a great time, and they would like to participate again next year," said Velazquez.



## Musical Accolades

Congratulations to Amanda Bronner '24, Gabi Ulrich '26, Grace Kelly '25, Hannah Rimmey '25, Trinitee Rainey '24, Michael Weber '24, and Alejandro McAndrews '24 on making District Choir!

Alejandro and Michael also scored in the top 20 for their voice part, and will audition for the All-State Choir.



# COUNSELING CONNECTIONS

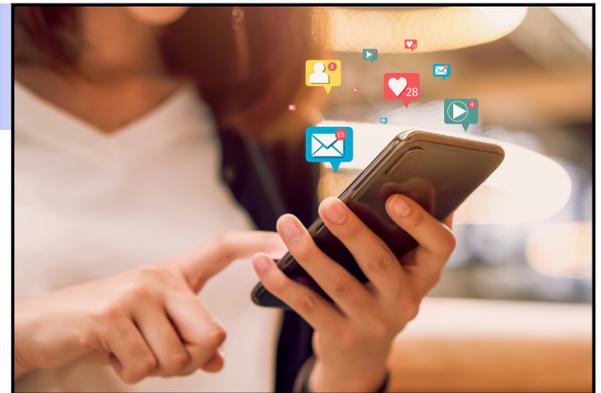


## HAPPY OCTOBER!

The weather is getting cooler and spooky season is here! Get out and enjoy the beautiful weather by taking a walk, heading to the pumpkin patch, or enjoying a nice cup of coffee on a brisk morning outside.

## FOLLOW US!

Our Counseling Department is officially on Socials! Give us a follow to stay up to date on everything happening. You can find us on Instagram and X (Twitter) @dhs\_counseldept.



## Career Day is almost here!



Our Counseling Department has been hard at work planning Career

Day. There will be a variety of breakout sessions in the morning, which include Resume Building, Completing a Career Interest Inventory and Research Activity, and Group Discussion on how to build and create quality questions to ask our career guests/em-

ployers and implement what they learned before attending the Career Fair later in the day.

We have several wonderful career fields and employers attending, which include but are not limited to St. Charles Fire and Police departments,

Plumbers & Pipefitters Local Union 562, Mizzou Occupational Therapy Program, Boeing, Rawlings, Otto Orthodontics, Lindenwood University Health Sciences Department, Stephanie Pohlman Designs, and MORE!

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### SCHOLARSHIP UPDATE

Our master scholarship list is here!

You can never start too early on your scholarship search.

CLICK [HERE](#) TO ACCESS LIST.

### REMINDERS

Planning a college visit? Don't forget to turn in your College Visit Permission Form to Mrs. Grass one week prior to your scheduled visit.

[https://www.duchesne-hs.org/cmss\\_files/attachmen-tlibrary/Forms/College-Visit-Permission-Form.pdf](https://www.duchesne-hs.org/cmss_files/attachmen-tlibrary/Forms/College-Visit-Permission-Form.pdf)

SENIORS—Need your transcripts sent or a letter of recommendation??? Complete your request via Naviance. See Mrs. Grass for questions.

### LOOKING AHEAD

#### FALL 2023

**Friday, 10/13**

Career Day held at DHS

**Wednesday, 10/25**

PSAT Testing Date for students who registered by the 9/28 deadline

**Friday, 11/3**

ACT Registration deadline for the test on Saturday, 12/9

**Thursday, 11/16 @ 6:30pm**

Parent Financial Aid Night @ DHS

\*Recommended for Junior and Senior Parents

\*\*See Attached Flyer to Register

**Friday, 11/17**

ACT late registration deadline for the test on Saturday, 12/9

**December**

FAFSA Opens – Delayed from the usual 10/1

### COLLEGE REPS

College Reps are located in the Counseling Office unless otherwise noted. Please schedule with Mrs. Grass if you plan to attend.

CLICK [HERE](#) FOR FULL LISTING

### HELPFUL LINKS

DUCHESNE COUNSELING

<https://www.duchesne-hs.org/counseling.html>

FAFSA

<https://studentaid.gov/h/apply-for-aid/fafsa>

### SCHOLARSHIPS

<https://www.fastweb.com/>

<https://myscholly.com/>

<https://myscholarshipcentral.org/>

NAVIANCE

<https://student.naviance.com/main>

COMMON APP

<https://www.commonapp.org/>

NCAA ELIGIBILITY

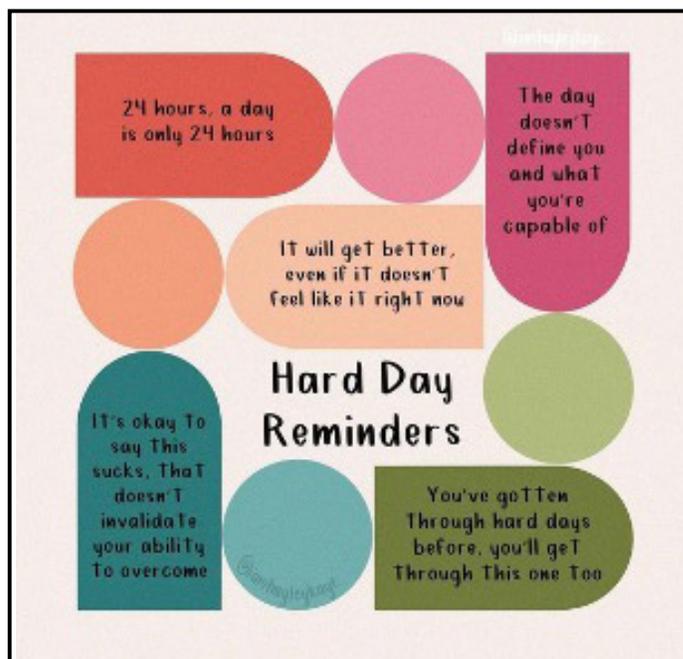
<https://web3.ncaa.org/ecwr3/>

ACT

<https://www.act.org/content/act/en-missouri.html>

SAT

<https://satsuite.collegeboard.org/sat>



DUCHESNE HIGH SCHOOL

# Financial Aid NIGHT

November 16, 2023

DHS Cafeteria
 6:30pm

**A representative from the Missouri Scholarship & Loan Foundation will be presenting on Financial Aid 101, FSA ID, FAFSA and other resources to pay for college**

Students and families are invited to join us. Recommended for 12th grade, but all are welcome!

[Click Here to Register](#)

Questions? Email [Brittany Grass](mailto:brgrass@duchesne-hs.org)

**Mr. Gene Tinsley**  
gtinsley@duchesne-hs.org  
Counseling Director, freshman and sophomore counselor

**Mrs. Brittany Grass**  
brgrass@duchesne-hs.org  
College and Career Counselor, junior and senior counselor

**Mrs. Becca Baugh**  
bbaugh@duchesne-hs.org  
Learning Consultant



### CONGRATULATIONS

Congratulations to Duchesne Head Boys Soccer Coach Patrick Turner on his 100th career win as our boys coach. Coach Turner accomplished the feat with his teams 3-2 win over Orchard Farm in early September. He previously completed this feat in the Pioneer girls program a couple years ago.

Congratulations to the Duchesne Girls Tennis Team on their Individual and Team District Championship. Individual medalist are Faith Dunn, Hailey Gancarz, Emma Johnson, Katie Leick, Samantha Petty, and Emily Sanchez. The team defeated St. Charles 5-0 and St. Charles West 5-2 to win their 3rd district title in the last 4 years.

### THANK YOU!!!

Thank you to all the Duchesne Athletic Boosters and Volunteers who helped at the Bud Light Tent on the Riverfront as part of Oktoberfest. The weather was outstanding and the fundraiser was a huge success.

### FALL SENIOR ATHLETES

#### Cross Country

Jackson Grillo, Nathan Nickel,  
& Gabriel Rakers

#### Football

Chase Bloomfield, Evan Ermeling,  
Paul Freygang, Ryan Kundel,  
Thomas Saguto, David Tague,  
Mark Tate, & Nolan Taylor

#### Golf Girls

Kathryn Hill

#### Soccer Boys

Ben Burk, Nick Hill,  
Landon Kristensen, Anthony Painter,  
Tyler Purvis, & Owen Rehagen

#### Tennis Girls

Amanda Bronner,  
Hailey Gancarz, Sophia Hamm,

Emma Johnson, Kathryn Leick,  
& Maria Thornton

#### Volleyball Girls

Alyssa Forti & Alice Hoffmann

### HEALTHY ROSTER

If you have not accepted the invitation to join Healthy Roster, please do so. Athletic trainer, Katy Mueller, uses this application to communicate with parents and coaches when an injury occurs during the season. It is easy to use and very helpful to track the progress of injured student athletes. Katy also uses this program for tracking physicals and other medical documents. Please contact Katy for questions regarding this program.

*Katy Mueller*

*Duchesne Athletic Trainer  
athletictrainer@duchesne-hs.org*

### HIGH SCHOOL SPORTS PHYSICALS

Athletes are welcome to get sports physicals with their personal physician or with Health Sports Medicine who is offering FREE sports physicals for our athletes. You must be a current student at Duchesne to be eligible for this free physical. You MUST sign up at the SSM Health Sports Medicine: 2023 High School Sports Physicals website.

### FALL/WINTER SPORTS SCHEDULES

Fall and winter sport schedules are available on our website via [Big Teams](#). Big Teams will update in real time when there are changes made to games/meets/matches. Please follow us on Twitter (@Athletics\_DHS) for daily schedules and event updates that are altered by the weather.

### FALL DISTRICT TOURNAMENT SCHEDULE

#### Cross Country

October 28 / Hosted by South Callaway  
High School / Times TBA

#### Football

October 27 / TBA

#### Golf Girls

October 9 / Hosted by Harrisburg High  
School at L.A. Nickell GC in Columbia  
starting at 9:00 a.m.

#### Soccer Boys

October 30-November 2 / Host-  
ed by Duchesne High School  
October 30 – Quarterfinal at 6:00  
November 1 – Semifi-  
nals at 5:00/7:00 p.m.  
November 2 – Championship at 6:00  
p.m.

#### Tennis Girls

September 30 (Individuals) / October  
2-3 (Team) / Hosted by Duchesne High  
School

#### Volleyball Girls

October 18-23 / Hosted by Whitfield Sc  
hool

### DUCHESNE ATHLETIC BOOSTER NEWS

#### BOOSTER MEMBERSHIPS

The Duchesne Athletic Boosters are the lifeline to our athletic programs at Duchesne, so your involvement is important to us. Please take part in the following fundraisers: The All Sports Lottery, working the Bud Light Tent at Oktoberfest, membership, and volunteering in the concession stand at sporting events. All of these activities have been instrumental in securing financial support for our athletes and coaches. Becoming a member of the Duchesne Athletic Boosters is a great way to meet and socialize with other parents in our community and pursuing a com-

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mon goal in supporting our athletic program benefiting our children at Duchesne.

Upcoming Events:

BD – Christmas Party with the Duchesne Coaches  
TBD – Duchesne Athletic Boosters Spring BBQ Fundraiser

**ALL SPORTS LOTTERY**

Ticket sales are open for the All Sports Lottery! There are two convenient ways to purchase your tickets. You may purchase online by clicking [here](#) or pick up physical tickets located at the Duchesne main office, Knights of Columbus Hall, and all of your usual points of contact.

New this year, both online and paper tickets have been revamped to include valuable coupons, including free admission to sporting events and \$5 coupons to the indoor/outdoor concession stands! The best part about these coupons is that they don't affect the \$25 price of the ticket! Please note that the concession stand will not make change for the coupons so we encourage you to use all \$5 during your transaction.

Get your tickets online [HERE](#).

**ATHLETIC REUNIONS COMING UP!**

2020 Wickenheiser Cup Alumni  
Hockey Champions  
Thursday, 12/21/23

40th Anniversary of 2 State Champ  
Teams -- 1984 Baseball and Girls Track  
& Field in the Ted Yeater Athletic  
Center during our basketball games  
Friday, 2/2/24

If you have students, friends, or relatives on one of these three teams, please ask them to email [nkohl@duchesne-hs.org](mailto:nkohl@duchesne-hs.org) so we can contact them about the details. Thank you!

## Mark Your Calendars

**October 6** 11:00 a.m. AAA Conference Cross Country Meet hosted by Rosati-Kain at Jefferson Barracks

**October 6** 6:00 p.m. Soccer Boys vs Priory

5:45 p.m. Duchesne will honor the 2003 Pioneer Boys Soccer team on the 20th anniversary of their Missouri State Championship. All former players and coaches are invited to the pre-game ceremony. We hope all of our current Duchesne families and alumni can join us that evening to honor these individuals on their outstanding accomplishment.

**October 13** 6:30 p.m. Football Senior Night vs Westminster Christian Academy

**October 13** 7:30 p.m. (Football Halftime) Cross Country, Girls Golf, Girls Tennis Senior Night

**October 16** 5:00 p.m. Girls Volleyball Senior Night vs Bowling Green

**October 16** 6:00 p.m. Boys Soccer Senior Night vs St. Charles West

## Winter Sports Important Dates

**October 25** Swim Information Meeting in room 45 at 3:00 p.m.

**October 30** Basketball and Wrestling tryouts begin. Wrestling is a cooperative activity with Lutheran St. Charles and host school for practices/matches.

**November 6** Swim and Dive Girls tryouts begin.

Any student trying out for these sports MUST have all pre-season paperwork turned in to the main office to participate. If your son/daughter played a fall sport, we have all necessary paperwork, but would still need the \$100 sports fee turned in to the office prior to beginning tryouts. If you are not sure what you have turned in, please check with Mrs. Fuchs in the main office as soon as possible. All forms (except the MSHSAA PPE) can be completed on our website.

**November 8** The basketball and swim parent meeting will be held at 6:00 p.m. (More details to follow.)



Join us on Thursday, September 14, at 6pm in the Esports Center (310 N Duchesne Dr, next to the DHS tennis courts) for a 2024 Gala Volunteer Committee meeting. We will discuss the volunteer opportunities available and how you can help with this time-treasured event! Can't make the meeting? No problem! Simply sign up for a volunteer position,

and Director of Special Events Abby Sweeney will contact you with more info! <https://www.signupgenius.com/go/10c0d4bada82cab-f5c16-2024#/> The Gala will be held on Saturday, February 3, 2024, at Ameristar Casino! Follow the 2024 Pioneer Expedition Gala on Facebook for updates on the event. For questions, contact Abby



We are still looking for volunteers for Music Bingo and Grandparents Day. If you can help with either of these events, please sign up below:

[com/go/10c0d4bada82cabf5c16-music#/](https://www.signupgenius.com/go/10c0d4bada82cabf5c16-music#/)

**Grandparents Day, Wednesday, November 8**  
<https://www.signupgenius.com/go/10c0d4bada82cab-f5c16-44833822-grandpar>

**Music Bingo, Saturday, November 4**  
<https://www.signupgenius.com/go/10c0d4bada82cab-f5c16-2024#/>

DUCHEESNE HIGH SCHOOL'S  
**Fall Craft Fair**  
 SPONSORED BY THE DUCHEESNE MUSIC BOOSTERS  
**November 18, 2023**  
**8:30 am - 2 pm**

Join on campus at Duchesne High School for its annual Fall Craft Fair!

Come and see some of the amazing products these vendors have to offer!

Questions? Send an email to: [DuchesneCraftFair@gmail.com](mailto:DuchesneCraftFair@gmail.com)

**DUCHEESNE MUSIC BINGO!**

SATURDAY, NOVEMBER 4TH  
 in the DHS PAC  
 Doors Open : 06:00 pm — Game Starts : 07:00 pm

**GAME | PRIZES | PARTY**  
 \$200 per table  
 More Information :  
 Contact Abby Sweeney  
[asweeney@duchesne-hs.org](mailto:asweeney@duchesne-hs.org)

Book your table today for DHS Music Bingo on Saturday, November 4, for a night full of music, bingo, friends, and tons of FUN!!! We will have contests for the best costumes and best table decor!! Dress as your favor-

ite music genre, band, or decade! Register at <https://www.duchesne-hs.org/musicbingo.html>. For more information, please reach out to Abby Sweeney at 636-328-4870 or [asweeney@duchesne-hs.org](mailto:asweeney@duchesne-hs.org).

DUCHESNE HIGH SCHOOL

# CAREER FAIR

2023

**FRIDAY, OCTOBER 13  
10AM-11:30AM**

**SEEKING BUSINESS PARTNERS  
TO PARTICIPATE**

- Fair style set up
- Set up beginning at 9am

**2550 ELM STREET  
ST. CHARLES, MO 63301**

For questions or to register email  
School Counselor, Brittany Grass, at  
[BGrass@duchesne-hs.org](mailto:BGrass@duchesne-hs.org)

# JOIN OUR FUNDRAISER AT RAISING CANE'S!

**Mention the fundraiser at the register  
and Cane's will donate 15% of sales to:**

**DUCHESNE HIGH SCHOOL**

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**DATE & TIME:**

**October 6, 2023 from 10:00 AM - 10:00 PM**

**LOCATION:**

**1840 1st Capitol Dr., St Charles  
(636) 925-0132**

