



**DUCHESNE HIGH SCHOOL**  
EST. 1924

# PIONEER PRESS NEWSLETTER

FEBRUARY · 2025

## 2025 GALA IN THE BOOKS!



On February 1, 2025, we celebrated the 47th Annual Pioneer Expedition Gala at Ameristar Casino, raising over \$53,000 from the live auction, silent auction, and raffles, and over \$158,000 for tuition assistance and family scholarships. PAGE 3

### UPCOMING SCHOOL DATES

**February 26**

Day-time Musical  
for Grade Schools

Power Hour

**February 27-March 1**

"Little Women the Musical"

**March 5**

No Late Start

Ash Wednesday Mass



**March 6**

Half-Day

**March 7**

Last Day of the  
3rd Quarter

# From the Assistant Principal of Student Life

## Debi Turner '96 Assistant Principal of Student Life

We had an incredible time welcoming our 96 new freshmen and their families to Pioneer Nation at Freshman Registration Night on Thursday, February 13! It was wonderful to see the excitement and energy as they took their first official steps into the Duchesne community. Our current students, faculty, and staff did an amazing job making them feel at home, and we can't wait to watch them grow over the next four years!

Our current 9th graders have come a long way since their first days at Duchesne. No longer the "new kids on the block," they are growing



The Class of 2029 pose for their very first picture together in the Ted Yeater Athletic Center.

more confident and comfortable in their role at the school. One of the most rewarding

moments is watching them lead 7th graders on tours of the building, sharing their ex-

periences and reflecting on how much they've grown since their own first days at DHS. Each stage of high school comes with its own challenges and triumphs. Freshmen are finding their place, sophomores are stepping into leadership roles, juniors are preparing for their final year, and seniors are embracing their next chapter. It's inspiring to see how all our students support one another, forming the strong and united community that defines Duchesne.

Let's celebrate our growth, our journeys, and our shared Pioneer spirit!

Here's to another great month at Duchesne!

## Next DHS Principal Announced

Duchesne High School is excited to announce that Dean of Students Kurt Schneider '93 will take on the role of principal at the start of the 2025-2026 school year!

Principal Dominic D'Urso '95 looks forward to returning to his love of teaching our students full-time in the fall.

We thank Mr. D'Urso for his past three years of leadership, and big congratulations to Mr. Schneider on his new position!



# Lady Pioneers learn lessons in team building, responsibility, and life

A Duchesne teacher and girls basketball coach from the past returned to share her deep knowledge of the sport with the Lady Pioneers.

Girls Basketball Head Coach Jerel Taylor first reached out to Coach Marita Malone last year regarding a return to Duchesne to run a workshop on team building.

Coach Malone was the second girls basketball coach in Duchesne history, leading the girls from 1974 to 1983. She also taught English, coached track and field hockey, and assisted on the softball team.

“This is now becoming a yearly tradition,” said Coach Taylor. “Her wealth of knowledge and experience is valuable; our girls learn a lot from her.”



Players participated in a team building exercise where they were led over various markers labeled with characteristics of being good teammates.

Coach Malone was happy to return to spend time with the Lady Pioneers, discussing team building, culture, and character on the court.

“It was an honor to be asked by Duchesne,” said Coach Malone. “Through the years that I coached at Duchesne, I was blessed with phenomenal players. They

were willing to accept my coaching style: firm, intense, and driven to be better at the sport and as a person; the latter was more important because I taught that through sports, they would be able to handle life better or as I often say, “to handle hard better.”

“I thought she was a very wise person,” said senior and guard Madisyn McCarthy. “[She] taught us a few things about responsibility and teamwork, and what we needed to put

out on the court to be better for each other and ourselves to play.”

Women’s sports in coeducational schools began thanks to Title IX in 1973. This school year marks the 50th anniversary of Duchesne’s girls basketball team.

“I felt like I was giving back to primarily all those women I had coached, and, secondly, to the long string of women who succeeded me, all those who were attempting to follow the footsteps of the original players,” said Coach Malone. “Duchesne womens athletics has a long history of winners in the sport and life in general ... My hope is that I made a difference for them.”

**HL** **HOLLANDER LEGAL**  
**ESTATE PLANNING**

# Duchesne welcomes new campus minister



**Mike Fitzgerald**  
Campus Minister

Hello, everyone. My name is Mike Fitzgerald (Mr. Fitz), and I am the new campus minister here at Duchesne. I am very excited to meet and work with all your sons and daughters!

I attended Benedictine College in Atchison, KS, for my undergrad and received my master's in Religious Education through Loyola New Orleans. I have 10 years of

experience as the retreat coordinator at Chaminade, and I was also the defensive coordinator for middle school football and the head coach for varsity rugby there.

## Announcements

The Junior Retreat is coming up on March 20. Permission slips were sent out on February 20; they will be due on March 6. We will be going to the Sisters of St. Joseph of Carondelet's Motherhouse for the day. Buses and food will be provided. More details for junior parents will be included in the email with the permission slip. Please respond if your child has any food allergies by the 6th as well.

Junior Ring Day Mass will be held during Mission Week on Tuesday, April 1. Parents of juniors will be invited to attend the All School Mass, and a short reception for juniors and their parents will be held afterward. Advancement will send out emails containing more information when the time comes.

Mission Week will be March 31-April 4, and we will once again raise funds for the Heifer Foundation. I will send a detailed email about the week and the activities you and your children may participate in next month. But you can mark your calendar for Chris' Cakes on April 2 from 7:30-9:00am! You are welcome to enjoy all-you-can-eat pancakes with your child in our cafeteria. The price will be \$10 per plate.

Finally, April 15 is the Sophomore Retreat. Much like the Junior Retreat, we will bus students off campus to the La Salle Retreat Center in Eureka, where lunch will be provided. A permission slip and more detailed information about the day will be sent to sophomore parents a month before the retreat.

I look forward to meeting you all at some point throughout the year and say many prayers of thanks for being able to serve the Duchesne family.

Mr. Fitz

*Raising Funds with Raising Cane's*

Learn more about how we can support you at [CanesAndCommunity.com](https://www.CanesAndCommunity.com)

**Raising Cane's**

Minimum donation amount will be 15% of net sales\* from your purchase donated directly to the participating organization. Not valid on mobile app, online or kiosk orders. \*Net Sales means the selling price of regularly inventoried merchandise, food, and beverages sold during the event for the purpose of supporting your organization, excluding special or limited time offers, discounts, returns, and taxes.

f Instagram Twitter TikTok RaisingCanes

# 47th Annual Pioneer Expedition Gala a smashing success!

## Jen Krupich '99 Director of Annual Giving

On February 1, 2025, we celebrated our 47th annual Pioneer Expedition Gala at Ameristar Casino. The night was a smashing success! We welcomed 350 guests and raised just over \$53,000 from the live auction, silent auction, and raffles. Trixie Delight kept the party going on the dance floor after the live auction wrapped up. A special thank you to Jack Borgmeyer '97, who was our emcee and auctioneer for the evening. His energy was electric!



Trixie Delight hit the stage to put a cap on a fabulous evening at this year's Pioneer Expedition Gala.

We surpassed our Fund Our Future Fund-A-Need goal of \$100,000, raising just over \$158,000 for tuition assistance and family scholarships. These funds will help Duchesne open our doors to more families who wish to

provide their child/ren with a Catholic education in the Pioneer tradition.

We are so thankful to our donors, sponsors, and guests. We could not have had such a successful event

without your support. A special thank you to our Trailblazer sponsors: Alarm24, Arch Material Handling, and World Wide Technology; our Pioneer Sponsors: Carrollton Bank and Hollander Legal Estate Planning; and our Royal Blue Sponsors: Archdiocese of St. Louis, Blitz Bardgett & Deutsch, LC, Burkemper Family Partnership, Hoffmann Brothers, and Liston Design Build.

Save the date for next year's Pioneer Expedition Gala! – January 31, 2026, at Ameristar Casino.

## Student Spotlight

### Logan Archer '25

Senior Logan Archer has been selected as this year's Duchesne recipient of the Archbishop May Service Award!

Logan will be honored at a Mass at the Cathedral Basilica on Monday, March 3, at 5:30pm.

*Congratulations,  
Logan!*



# DUCHESNE HIGH SCHOOL SPRING GOLF TOURNAMENT

**FRIDAY, APRIL 11, 2025**




**The Falls Golf Club**  
1170 Turtle Creek Dr.  
O'Fallon, MO 63366

**Foursome Scramble**  
**\$150 per golfer/\$600 per team**  
Pioneer Package \$100 per team  
includes contests, skins, and 4 mulligans

REGISTRATION	12:00pm	DINNER & AWARDS	6:00pm
SHOTGUN START	1:00pm		

**CONTACT DETAILS**  
Jennifer Krupich  
636.757.6910  
jkrupich@duchesne-hs.org

*FOLLOW US  
ON  
SOCIALS!*



## *UPCOMING EVENTS*

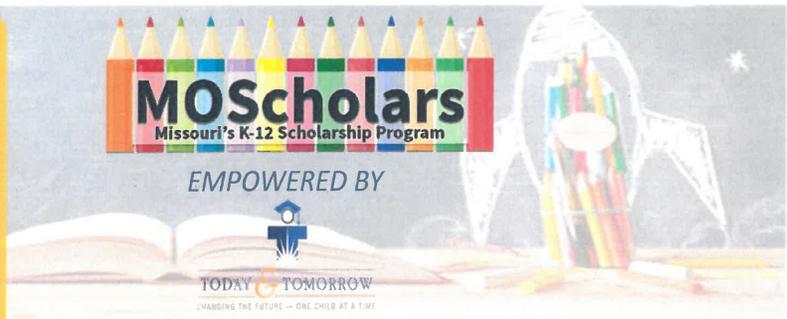
- 03/09: Mascot Day at Ambush
- 03/19: Dream Raffle Kickoff
- 03/28: Alumni State Champions
- 04/02: Grandparent Rosary and Chris Cakes
- 04/11: The Falls Golf Tournament
- 04/23: Dream Home Early Bird Drawing
- 04/25: Pioneer for a Day
- 05/09: Dream Home Deadline
- 05/14: Dream Home Drawing




# World Wide Technology

## Frequently Asked Questions

Information for Eligible Schools



### WHAT SHOULD SCHOOLS DO NEXT?

#### Review Your Enrollment

Review current academic year enrollment *for qualifying students.*

- Elementary schools: focus on income-eligible kindergarten and 1st grade classes and transfer students -or- qualifying special needs students (IEP/ISP).
- High Schools: focus on income eligible transfers from public schools (9-12) -or- special needs students (IEP/ISP).

#### Develop Guidance for Tuition Payment

Scholarship funds from this program are directly administered to *families*. Schools should consider developing guidance for families as it pertains to accepting MOScholars scholarship payment to cover tuition/registration fees.

More information for schools can be found on treasure's website:  
[treasurer.mo.gov/MOScholars/Schools](http://treasurer.mo.gov/MOScholars/Schools)

#### Direct Families to TTEF

Direct families to visit [tgef-stl.org](http://tgef-stl.org) for more information, or email [MO-TTEF@archstl.org](mailto:MO-TTEF@archstl.org).



Scan to Learn More



### What is MOScholars?

\$6,375 renewable scholarships for eligible K-12 students.

### Who is eligible for MOScholars?

All Missouri residents.

- Students with an established IEP or ISP **-OR-**
- Income eligible **and** Transferring from a public/charter school **-or-** Entering Kindergarten or first grade.

### How do students apply?

- TTEF offers a prescreening application available at [tgef-stl.org/moscholars](http://tgef-stl.org/moscholars). When a student "qualifies" they are automatically directed to the online application administered by FACTS.
- Upon approval from FACTS, TTEF will inform the families and school of choice of their award.
- Families may begin applying for the 2025 – 2026 academic year as of February 1<sup>st</sup>, 2025.

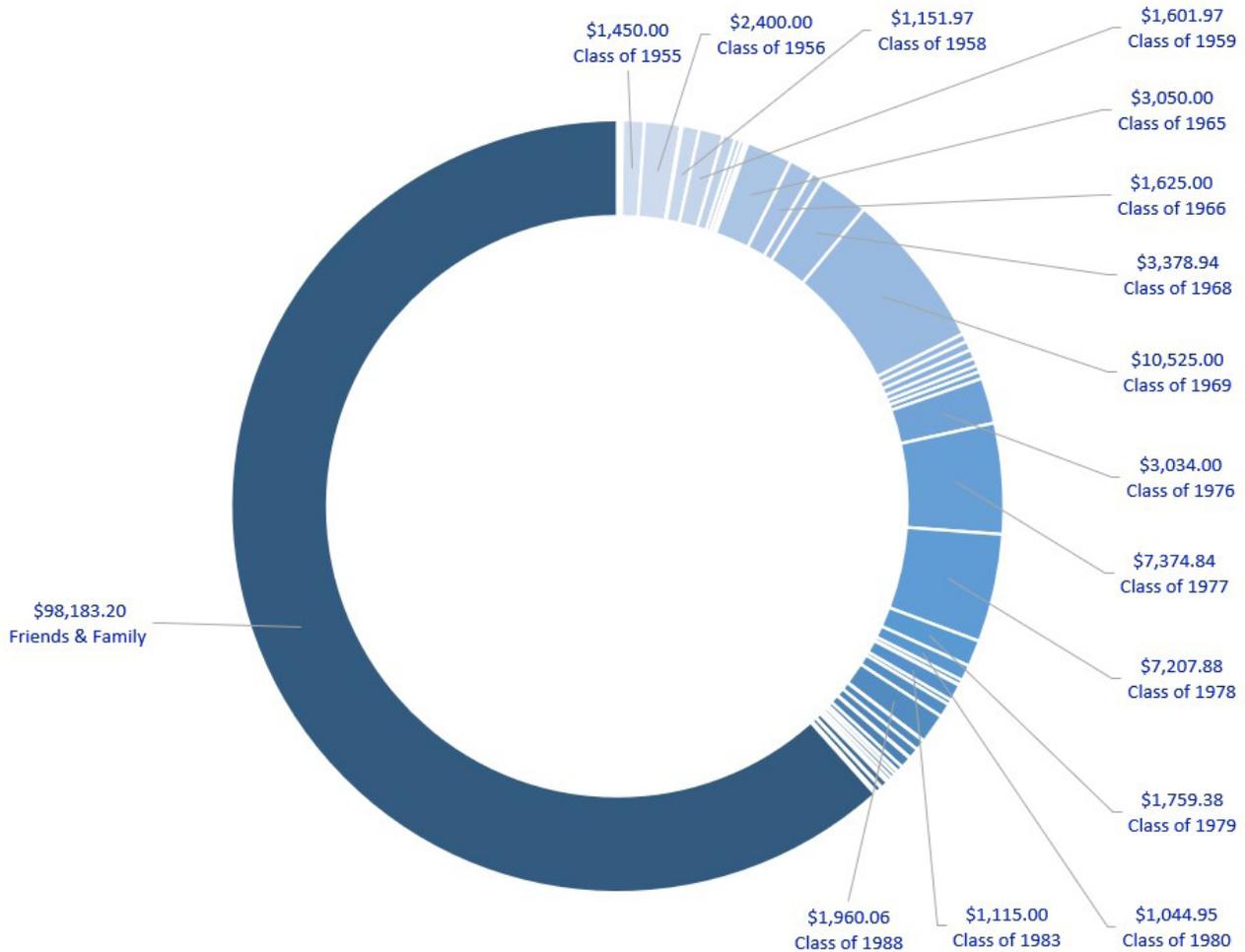
### How will my school be paid?

- MOScholars is awarded via ClassWallet to the student for approved educational expenses.
- TTEF encourages families to pay school tuition and fees with MOScholars awards.
- Schools will create a ClassWallet account to receive direct payments for tuition from MOScholars families.

### Should families continue to apply for other TTEF scholarships?

- Yes. Families should continue to apply for all TTEF's scholarships (both new and renewal).
- Should TTEF award a student and the same student earns a MOScholars award, TTEF will remove the TTEF scholarship.
- Siblings of MOScholars may continue on a TTEF award.

# Pioneer Class Challenge

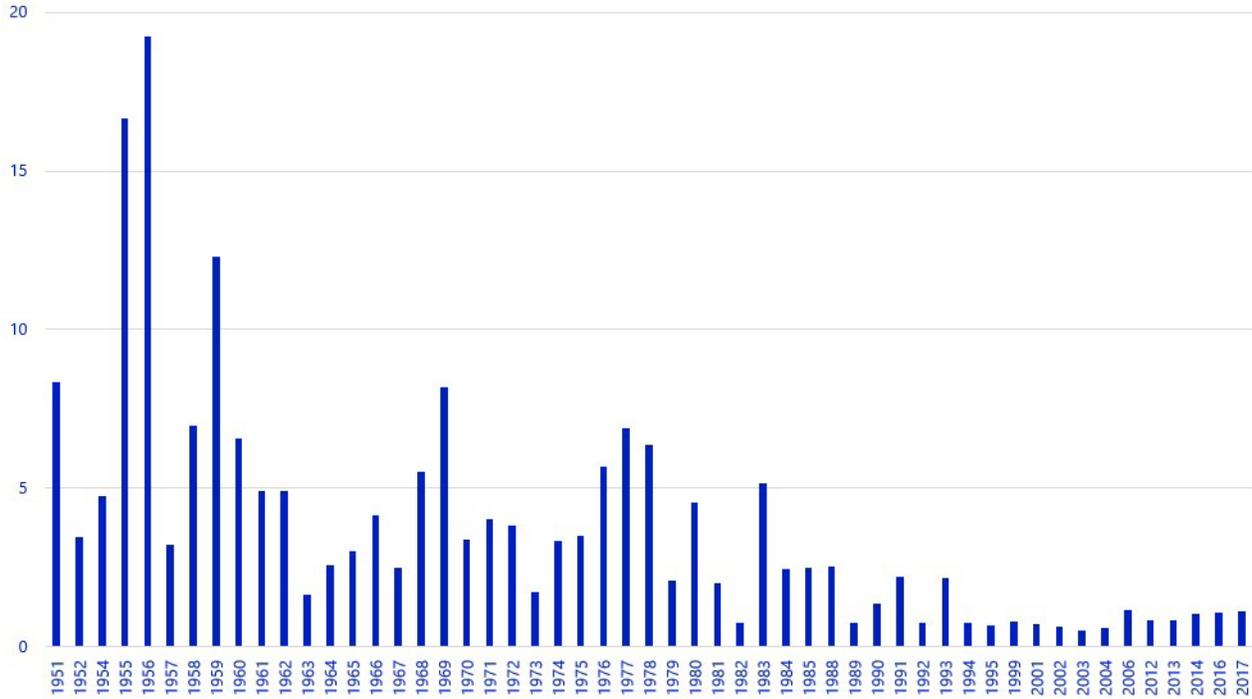


1951	\$100.00	1964	\$125.00	1981	\$328.94	1993	\$759.20	2006	\$490.00
1952	\$50.00	1967	\$750.00	1982	\$51.97	1994	\$395.88	2012	\$52.50
1954	\$200.00	1970	\$553.94	1984	\$330.35	1995	\$50.00	2013	\$416.96
1957	\$100.00	1971	\$612.50	1985	\$918.88	1999	\$250.00	2014	\$50.00
1960	\$825.00	1972	\$603.94	1989	\$40.00	2001	\$300.00	2016	\$50.00
1961	\$365.00	1973	\$509.38	1990	\$685.00	2002	\$259.38	2017	\$50.00
1962	\$300.00	1974	\$428.94	1991	\$703.94	2003	\$52.12		
1963	\$100.00	1975	\$478.94	1992	\$50.00	2004	\$103.94		

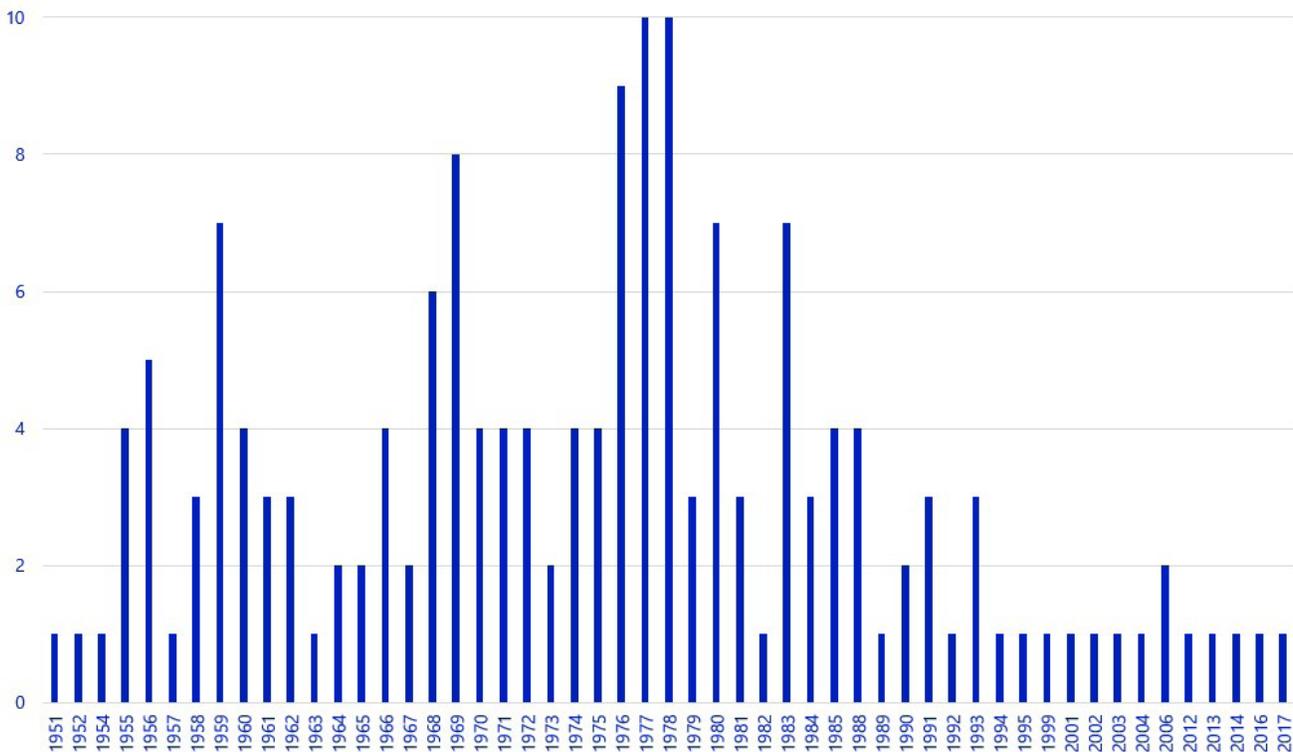
**\$159,353.89 raised so far!**

These totals are of gifts received as of 2.7.25, unaudited

PERCENTAGE OF LIVING CLASSMATES WHO HAVE DONATED TO PIONEER FUND TO DATE



NUMBER OF CLASSMATES WHO HAVE DONATED TO PIONEER FUND TO DATE



# LEAVES

ALUMNI FEATURES AND UPDATES

## MHSBCA Coach of the Year

### Mike Hollander '09

On Saturday, January 25, Duchesne Head Baseball Coach and alum Mike Hollander '09 was named Class 3 Coach of the Year by the 2024 Missouri High School Baseball Coaches Association (MHSBCA), and served as guest speaker for the evening.

The MHSBCA is one of the most substantial organizations of its kind in the country. It offers members opportunities for professional growth and networking with other coaches, and recognizes coaches and players for their achievements.

In the spring of 2024, Coach Hollander led Duchesne to victory in the Class 3 State Championship. This year will be his 7th season as varsity baseball coach.

"Coach Hollander is so deserving of the Class 3 Baseball Coach of the Year honor," said Duchesne Athletic Director Renee Moore '86. "He will humbly



tell you that it is the players that win championships, which is true, but someone has to give the players an opportunity to learn, grow, fail, and eventually succeed. Coach Hollander

is that someone. He is a coach who has spent time creating a program culture; he believes in his players and is invested in them on and off the playing field."

"It's a well-deserved honor," said pitcher Gavin Moffitt '25. "He's always been somebody who's laid back but always there to push us."

"He's a solid coach," said outfielder Luke Fink '25. "He deserves the recognition he's getting."

"This recognition is really a reflection of the incredible people who make our program what it is," said Coach Hollander. "It's always an honor to be acknowledged by your peers. But the truth is, this award belongs to our players, assistant coaches, school administration, and support staff more than it does to me."

Coach Hollander cites his players' dedication, work ethic, and faith in God as major contributing factors in last season's success, as well as the time and energy poured into the program by the assistant coaches.

"I am honored to be able to represent Duchesne and our team to accept this award on behalf of everyone who played a role in making our 2024 season one to remember," he said.

While at Duchesne as a student, Coach Hollander was named "Outstanding Male Athlete" for his football, basketball, and baseball accomplishments and was voted 1st Team All-Conference in football and baseball for the Gateway Athletic Conference.

"Duchesne is lucky to have Coach Hollander and his staff leading our baseball program!" said Moore.





### ALUMNI REUNIONS

Are you a current Class Rep or a past Class Officer? Is your class approaching an anniversary year ending in 0 or 5 (such as 20th or 25th)? Contact Nancy Kohl at [nkohl@duchesne-hs.org](mailto:nkohl@duchesne-hs.org) to begin a conversation about your class reunion!

Starting this fall, we are offering Alumni Reunion Packages for those groups that have their event at DHS. You will have use of our Garden Courtyard, Chapel for Mass, and/or PAC for your get-together, dinner, dancing, games, etc. Alumni groups are not charged a rental, just a maintenance fee. Various catering options with different menus and price points will be available for your group to choose from.

(See page 13 for yearbook pictures of below classes)

#### CLASS OF 1975

Brian Klutenkamper, Theresa Thro, and Geri (Henderson) Willbrand are organizing. If you would like to reach out, call Brian at 314.570.0576 or email him at [bkklutenkamper@englube.com](mailto:bkklutenkamper@englube.com).

#### CLASS OF 1980

Mike Boschert is once again serving as head cheerleader and classmate gatherer for our 1980 graduates. For information or if you want to help, please contact Mike at [boschfam@sbcglobal.net](mailto:boschfam@sbcglobal.net).

#### CLASS OF 1985

Eric Kozak has begun plans for the Class of 1985's 40th Reunion and is looking for ideas and assistance. More info to come. If you are interested in being on the committee, please email [eric\\_kozak@yahoo.com](mailto:eric_kozak@yahoo.com). There is also a class Facebook page: Duchesne HS Class of 85.

#### CLASS REPS

Our Class Reps help us with communications to classmates and spreading the news

about all we are doing and planning for Pioneer Nation. Reps are needed for the classes of 1959, 1960, 1969, 1977, 1978, 1984, and 2024. If you are interested or know someone who might be, please email [nkohl@duchesne-hs.org](mailto:nkohl@duchesne-hs.org) with the individual's name and cell number.

### PIONEER NATION INFO UPDATES

Alumni! Family! Friends! Help us keep you updated by making sure we have your best contact information! And please share this link with friends and family members who may not be receiving our communications. Thank you! <https://www.duchesne-hs.org/alumniupdate.html>



Please save the date and plan to join us on Friday, March 28, when

Duchesne will be celebrating the 30th anniversary of our 1995 Boys Golf State Champions and the 10th anniversary of our 2015 Girls Soccer State Champions before our girls varsity soccer game.

4:30pm -- Girls JV Soccer v Veritas Christian Academy

5:00pm-5:30pm -- Gathering in the Sports Center (310 building)\*

5:45pm -- Presentation on the Field in Frank Barro Stadium

6:00pm -- Girls Varsity Soccer v Veritas Christian Academy

Postgame -- Garden Party in our new DHS Garden Courtyard (All are Welcome!)

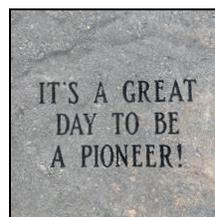
\*Championship team members and families only -- please RSVP to [nkohl@duchesne-hs.org](mailto:nkohl@duchesne-hs.org).

It will be a Great Day to be a Pioneer!!

### Garden Courtyard Pavers Still Available!

Enthusiasm for our beautiful Garden Courtyard continues to build. With plans for more alumni and friends gatherings in that space, now's the time to make your mark and add your family, your loved one, or yourself as part of DHS history with a paver message. We are continuing the special \$250 price through March 31, 2025, to encourage more purchases before the spring engravings.

Email [nkohl@duchesne-hs.org](mailto:nkohl@duchesne-hs.org) if you are interested, and please include the message you have in mind. It's a Great Day to be a Pioneer!



# January 31 Celebrations



January 31 was a jam-packed night! Pioneer Nation honored Terry Gravemann '68 for 60 years of service to Duchesne, celebrated the Girls Varsity Golf State Champions, and enjoyed a great Throwback Halftime Performance by our Diamondline Dancers and Alumni Pommers!



## Mr. Gravemann honored with office dedication



Terry Gravemann '68 and President Paul Boschert '77 pose in front of the newly installed plaque in the Terry Gravemann Administrative Offices.

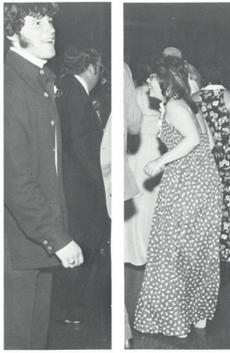
Pioneer Nation came out in full force to honor favorite son Terry Gravemann '68 as part of our Celebrations evening on Friday, January 31. The pre-game reception was packed with well-wishers from all aspects of Terry's life at DHS, including many former students and former faculty and staff members.

Terry will be retiring from our Board this year and was recognized for his 60 years of service to Duchesne as a student, teacher, dean of students, principal, acting administrator -- the last three all at once at one point in time! -- and then as president. After retirement in 2012, Terry continued his involvement at Duchesne by serving on our Board. Though not an official

position, Terry is also a great advocate and spokesperson for Duchesne throughout our St. Charles County community.

His motto is, "You have to give respect if you want to get respect." That belief is reflected in all Terry does and was quite evident by the number of people who came out to show their appreciation of him at the reception, the game-time presentation in the Ted Yeater Athletic Center, and the Knights of Columbus Hall after the games. To mark our dedication to this man who dedicated his life to Duchesne, our front offices have been named the Terry Gravemann Administrative Offices.

Stairway To Heaven



Paul watches Mrs. Schware go to town!



Barb takes a dip.



There must be something sweet on Lori's hand.



Cindy seems confused.



The hosts and the hostesses with the most and the mostest.



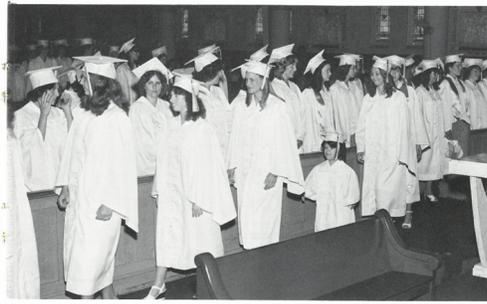
Dance to the music.



1975

1980

Graduation Signals Beginning, Not End



Senior Superlatives



Most Likely to Succeed: Jeff Bergmeyer and Angie Martin.



Best School Chosen: Don Bitt and Tim McCarthy.



Most Well Respected Personality: Jeff Bergmeyer and Maria Clever.



Best Looking: Tim Holly and Laura Lambell.



Class Clown: Brian Judd and Ann Harsh.



Best Dressed: Eric Knak and Tracy Schaefer.



Most Ambitious: Tim McCarthy and Sue Ryan.



Best Wit: Bob Grinke and Lisa Heritage.



Most Intelligent: Kerth Okino and Angie Martin.



Most Talkative: Lana Jacobs and Darrin Gray.



Classie Couple: Tim Phillips and Amy Kallie.



Classie Couple: Tim Holly and Lisa Wall.



Most Athletic: Lisa Heritage and Darin Westman.



Most Flirtatious: Bob Pir and Lana Jacobs.



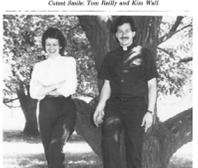
Most School Spirit: Theresa Schulte and Jim Pellack.



Best Actor and Actress: Amy Kelley and Jim Pellack.



Most Courteous: Maria Clever and Morris Devlin.



Favorite Teachers: Miss Dulan and Ft. Cook.

1985



# COUNSELING CONNECTIONS

## SCHOLARSHIP UPDATE



Looking for Scholarships? Visit [myscholarshipcentral.org](https://myscholarshipcentral.org) and scroll down to the map. Click our region on the map, and then click "View Scholarship Providers." You will see organizations in our area that offer scholarships. Click through to apply directly with the organization.

Mrs. Grass has also sent out several scholarship opportunities to the senior class. Deadlines for some of these are quickly approaching. Please reach out to Mrs. Grass for questions.

## REMINDERS

Planning a college visit?

Don't forget to turn in your College Visit Permission Form to Mrs. Grass one week prior to scheduled visit.

[https://www.duchesne-hs.org/cmss\\_files/attachments/library/Forms/College-Visit-Permission-Form.pdf](https://www.duchesne-hs.org/cmss_files/attachments/library/Forms/College-Visit-Permission-Form.pdf)

SENIORS—Need your transcripts sent or a letter of recommendation??? Please reach out to Mrs. Grass for instructions.

Junior Meetings are in progress!—Mrs. Grass is going over graduation credits, postsecondary plans, and more in these meetings!

## LOOKING AHEAD SPRING 2025

February 27th  
Junior College Prep Workshop—  
Look @ My Grades

March 21st  
Junior College Prep Workshop—Financial Aid and Scholarships

March 27th  
Junior College Prep Workshop—Time to Apply!

April 8th  
ACT Testing Day @ DHS

April 11th  
Mini College Fair 9am – more details to come

April 23rd  
Sophomore College Field Trip – more details to come

April 30th  
Build My Future Event at the Family Arena

## HELPFUL LINKS

DUCHESNE COUNSELING  
<https://www.duchesne-hs.org/counseling.html>

FAFSA  
<https://studentaid.gov/h/apply-for-aid/fafsa>

SCHOLARSHIPS  
<https://www.fastweb.com/>  
<https://myscholly.com/>  
<https://myscholarshipcentral.org/>

NAVIANCE

<https://student.naviance.com/main>

COMMON APP

<https://www.commonapp.org/>

NCAA ELIGIBILITY

<https://web3.ncaa.org/ecwr3/>

ACT

<https://www.act.org/content/act/en-missouri.html>

SAT

<https://satsuite.collegeboard.org/sat>

**Duchesne scholarships for 2025-2026 have a deadline of Saturday, March 15, 2025. If the FACTS online assessment is required for a scholarship, that must be completed by March 15 as well.**

You can review what is available in the attached Overview. The Application is attached here as well. Please note that typing is preferred. If the student must handwrite the application instead, use blue or black ink; pencil will not be accepted. Be sure to note the specific scholarships



## **FOLLOW US!**

Our Counseling Department is on socials! Give us a follow to stay up to date on everything happening. You can find us on Instagram and X (Twitter) @dhs\_counseldept.

for which you are applying. Many of the scholarships are for incoming freshmen, but there are some for grades 10-12 as well. Contact Nancy Kohl with questions at [nkohl@duchesne-hs.org](mailto:nkohl@duchesne-hs.org) or 636.757.6925.

[DUCHESNE SCHOLARSHIPS OVERVIEW](#)

[SCHOLARSHIP APPLICATION](#)

**2025 DUCHESNE DREAM RAFFLE**

Win your choice of \$150,000 toward new home construction by Fischer & Frichtel Homes OR a single payment of \$120,000 in CASH!

**Ticket sales start March 19!**

**PLUS 24 other CASH PRIZES are up for grabs!**

Early Bird Deadline is April 16  
 Early Bird Drawing is April 23  
 Ticket Sales End May 9  
 Grand Prize Drawing is May 14

Sponsored by: **fischer & frichtel**  
 A HomeBuilding Legacy Since 1941

DUCHESNE HIGH SCHOOL ESTABLISHED 1924

**POSITIVE MENTAL HEALTH**

- MOVE YOUR BODY
- EAT NUTRITIOUS FOOD
- BE MINDFUL
- SOCIALIZE
- GET ENOUGH SLEEP
- VOLUNTEER
- PRACTICE GRATITUDE
- DISCONNECT FROM TECHNOLOGY
- TALK ABOUT YOUR EMOTIONS

**EMERGE**  
Fitness Training

**CARROLLTON BANK**

**Matt Johannesman**  
Regional President, Commercial Loan Officer

Carrollton Bank  
 3050 West Clay, St. Charles, MO 63301  
 O (636) 916-4613 M (636) 699-0213 F (636) 916-4496  
[mattjohannesman@carrolltonbanking.com](mailto:mattjohannesman@carrolltonbanking.com) | [www.carrolltonbanking.com](http://www.carrolltonbanking.com)

**Duchesne Catholic High School Uniform Fitting Dates!**

**April 1 - April 5, 2025**

**Fischer's School Uniforms**  
 3773 New Town Blvd  
 St. Charles, MO 63301  
 (636) 493-0655

Tuesday & Thursday 10am-6pm  
 Wednesday, Friday & Saturday 10am-3pm  
 Closed Sunday & Monday

**What is a uniform fitting?**  
 A school uniform fitting allows students and families to try on uniform tops and bottoms for the correct fit and size. Families can take home the items or place orders for any out-of-stock products or special order items.

**Why should we attend?**  
 All orders paid in full will receive a 10% discount on the total purchase, both online and in-store! **Your school has a special order plaid that may take 8-12 weeks to receive if we do not have your size.** This gives us ample time to have the item to you prior to school starting.

**Can I order online?**  
 Absolutely! Our store is open year round and if you already know your child size, ordering online is a great option! We offer \$5 USPS shipping during your fitting dates.

**What if my child grows?**  
 We fit for growth! Any stock items purchased that are unworn and with tags can be exchanged for another size!

Shop Online at [www.fischersuniforms.com](http://www.fischersuniforms.com)

**Mr. Gene Tinsley**  
[gtinsley@duchesne-hs.org](mailto:gtinsley@duchesne-hs.org)  
 Counseling Director,  
 freshman and sophomore counselor

**Mrs. Brittany Grass**  
[bgrass@duchesne-hs.org](mailto:bgrass@duchesne-hs.org)  
 College and Career Counselor,  
 junior and senior counselor

**Mrs. Becca Baugh**  
[bbaugh@duchesne-hs.org](mailto:bbaugh@duchesne-hs.org)  
 Learning Consultant



This month Duchesne celebrated the college signings of nine seniors in five different sports.

**CLASS OF 2025  
NATIONAL LETTER OF  
INTENT SIGNINGS!**

On Wednesday, February 5, Pioneer Nation celebrated the college signings of nine different seniors in five different sports! Congratulations to the following seniors and their families as they celebrate their commitment to playing a sport at the college level.

Claire Burks  
Truman State University  
Track and Field

Jack Burle  
St. Louis Community  
College Baseball

Maddie Denker  
Quincy University  
Golf

Brendan Donovan  
Benedictine College  
Soccer

Sam Jost  
State Fair Community College  
Baseball

Nathan Lehne  
Central Methodist University  
Soccer

Gavin Moffitt  
Moberly Area Community  
College  
Baseball

Jordan Nunn  
Greenville University  
Football

Reagan Potts  
McKendree University  
Golf

**CONGRATULATIONS TO  
COACH  
MIKE HOLLANDER**

Coach Mike Hollander '09 was recently named the 2024 Missouri High School Baseball Coaches Association Class 3 Coach of the Year!

**RECOGNIZING OUR  
STUDENT ATHLETES**

Congratulations to the following Varsity Volleyball players who earned All-State Academic Honors by participating in 75% of all varsity sets and having a minimum cumulative GPA of 3.6.

- Claire Burks '25
- Molly Glosier '27
- Daley Meyer '27
- Sydney Shaw '25
- Gabi Ulrich '26

**DUCHEсне NOMINEES  
FOR THE CLASS OF 2025  
ST. CHARLES COUNTY  
AMATEUR  
HALL OF FAME**

Congratulations to Seniors Katie Stockhausen and Sam Jost, who are Duchesne High School's nominations for the Outstanding Senior Athlete award presented by the St. Charles County Amateur Sports Hall of Fame.

Sam was also voted as the overall winner of the St. Charles County Amateur Sports Hall of Fame 2025 Outstanding Senior Male Athlete (small school division)! He will be honored at the 40th Annual St. Charles County Amateur Sports Hall of Fame Banquet & Award Dinner on Saturday, April 12 at the St. Charles American Legion Hall.

**CONGRATULATIONS TO  
THE PIONEER HOCKEY  
TEAM FOR AN AMAZING  
SEASON!**

**WE NEED YOUR HELP!**

Duchesne is hosting the upcoming boys and girls district basketball tournament. This is an opportunity to showcase our fantastic facilities and let everyone see we are thriving with great support and momentum! We need student, parent, and alumni help to staff our concession stand, where 100% of the profits benefit Duchesne. Please click the link and sign up to help!

[SIGN UP](#)

**LOOKING AHEAD**

- Monday, February 24 – Saturday, March 1: Duchesne Hosts Boys and Girls Class 3 District 5 Basketball Tournament
- Monday, March 3: Spring Sports Tryouts – see details below
- Tuesday, March 18: Spring Sports Pictures with Trotter Photo
- Tuesday, March 18: MANDATORY meeting for all parents with athletes participating in a Spring Sport. General meeting at 5:30pm in the cafeteria, followed by meet the coaches
- Friday, March 28: Pre-Game Ceremony of the 6pm Varsity Girls Soccer Game honoring the 1995 State Champion Golf Team (30 years) and the 2015 State Champion Girls Soccer Team (10 years)
- Saturday, April 26: Duchesne Athletic Booster BBQ – details to come!

Spring sports begin March 3. If this spring sport is a student-athlete's first sport in 2024-25, please be sure all required paperwork is complete and a current physical is on file. For questions concerning paperwork or athletic fees please contact RFuchs@duchesne-hs.org. For questions about current physicals, contact our trainer, Kate Perko, at AthleticTrainer@duchesne-hs.org.

Athletes are expected to attend ALL practices/tryouts/games for their sport, including those that will take place over spring break. Please consider this commitment prior to planning trips or vacations during spring break.

### SPRING SPORT TRYOUTS INFORMATION

#### Baseball – Coach Mike Hollander, MHollander@duchesne-hs.org

• Monday, 6am-7:15am: invited Pitchers, Catchers, and Varsity players – DHS gym and mezzanine

3:15-5:30pm: all levels – Duchesne football practice field and gym mezzanine

• Tuesday, 6am-7:15am: invited Pitchers, Catchers, and Varsity players – DHS gym and mezzanine

3:15pm-5:30pm: Varsity practices @ Blanchette; Lower Level practices @ Duchesne mezzanine/practice field

• Wednesday, 3:15pm-5:30pm: Varsity practices @ Blanchette; Lower Level practices @ Duchesne mezzanine/practice field

• Thursday, 3:15pm-5:30pm: Varsity practices @ Blanchette; Lower Level practices @ Duchesne mezzanine/practice field

• Friday, 3:15pm-5:30pm: Varsity practices @ Blanchette; Lower Level practices @ Duchesne mezzanine/practice field

• Saturday, 10am- 1pm: Varsity Invite practices – participating players will be notified earlier in week if they should attend. All Players in program should plan to be available.

All times and locations are subject to change based on weather and other team practice schedules.

All interested players should follow @duchesnebaseball on X (twitter) to stay up to date on any changes.

#### Golf Boys – Coach Denny Walters, DWalters@duchesne-hs.org

March 3, 5, 7: tryouts at Cave Springs

3:30pm-5:00pm

March 4, 6: tryouts at Bogey 3:30pm-5:00pm

Practice:

March 10, 12, 14, 17, 19, and 21 at Cave Springs 3:30pm- 5:00pm

March 11, 13, 18, and 20 at Bogey 3:30pm-5:00pm

#### Soccer Girls – Coach Patrick Turner, PTurner@duchesne-hs.org

First Week of Tryout Info: March 3-7, 3:30pm-5:00pm at Duchesne

#### Tennis Boys – Coach Doug Becker, DBecker@duchesne-hs.org

First Week of Tryout Info: March 3-7, 3:15-5:00pm at DHS Tennis Courts

#### Track and Field Boys and Girls – Coach Vince Morris, VMorris@duchesne-hs.org

First Week of Tryout Info: March 3-7, 3:15pm-4:45pm and Saturday, March 8, 10am at DHS Stadium Track

#### Volleyball Boys – Coach Maddie Krause, MKrause@duchesne-hs.org

First Week of Tryout Info: March 3-7, 3:30pm-5:30pm in the DHS gym

### STAY INFORMED

As winter weather can bring unpredictable conditions, please remember to stay

up to date on practice and game adjustments/cancellations:

- Follow Athletics\_DHS on X for real-time updates.
- Visit Big Teams-Schedule Star for full schedules and weather-related changes.



Help us welcome our new Boys Varsity Assistant Volleyball Coach, Danillo Radenkovic. Coach Radenkovic has been a part of our girls basketball coaching staff for the last eight years!



Congratulations Katie Stockhausen '25 on passing 1,000 career points! Katie is just the eighth player in Duchesne history to achieve this accomplishment!



The Dance Team State Championships are Saturday, February 22, and all of Pioneer Nation is invited to cheer on our Diamondline dancers!

The girls will dance around 8:30am and 11:30am at the Family Arena. Tickets are \$20 and parking is \$15. School administrators enter for free!

We hope to see a big DHS crowd there!



Hockey Cheerleading tryouts are March 24-25 from 3:30-4:30pm in the DHS Gym Mezzanine!

We are a ground-bound team, which means you can cheer on the hockey team without having to do stunts or building.

For more information, contact Jenn Pontus at [jennpontus@yahoo.com](mailto:jennpontus@yahoo.com).

# SEEDS

An Art Exhibition featuring student work from high schools in the Archdiocese of St. Louis



SAINT LOUIS UNIVERSITY  
DEPARTMENT OF VISUAL AND PERFORMING ARTS

### Featured High Schools

- Bishop DuBourg High School
- Christian Brothers College High School
- Cor Jesu Academy
- De Smet Jesuit High School
- Duchesne High School
- Incarinate Word Academy
- Nerinx Hall High School
- Notre Dame High School
- St. Dominic High School
- St. Francis Borgia High School
- St. Joseph's Academy
- St. Louis Priory School
- St. Louis University High School
- Ursuline Academy
- Villa Duchesne

Exhibit open until Feb. 28

# SCHEDULE YOUR SHADOW VISIT



REGISTER TODAY!



## Welcoming 7th and 8th Grade Visitors!

Discover our Pioneer Family and how our students build their futures as they grow in mind, body, and spirit!

Contact Dana Bryan at [dbryan@duchesne-hs.org](mailto:dbryan@duchesne-hs.org) for more information.



DUCHESNE HIGH SCHOOL'S

# PIONEER FOR A DAY!



Friday, April 25  
6 and 7 grade students

Get ready for a day of bonding, making memories, and enjoying a wide range of fun-filled activities. Here's what you can expect:



Classroom Workshops



Fun-Filled Activities



House Friday Event

636.757.6932

[dbryan@duchesne-hs.org](mailto:dbryan@duchesne-hs.org)



## Interested in Cheerleading?

Be a part of our team!

Tryout Information:  
April 22 - 25 (Tuesday - Friday)  
3:30 pm - 4:30 pm  
in the Performing Arts Center

Check out our team.



YouTube/  
Instagram/  
TikTok



Follow the QR code above to be on the contact list for current tryout Information!

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